

Ultimate Wellness Package



*Measurably healthier employees,
measurably lower costs*

For groups of 51+ contracts

Real & relevant results

By analyzing population health data, managing costs, improving health outcomes and ensuring great experiences, we focus on our customers' needs and provide exceptional value.



Better health and a better bottom line

Our all-new wellness program is built on comprehensive data integration — claims history, biometric screenings, health risk appraisals and survey results — combined with our expert analysis and predictive modeling capabilities. You'll gain a completely customized solution that targets your organization's best health improvement opportunities — those that can yield the biggest returns and produce measurable, meaningful results.

With Priority Health Wellness, you'll help lead your organization and your employees to the many rewards of fewer health risks and improved wellbeing.

Fast Fact

*Helping people
become healthier is
the best way to reduce
the cost of health care.*

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Ultimate Wellness Package

A comprehensive investment in improving your employees' health

If you have a high commitment to improving the health of your workforce, our Ultimate Package is your best choice for a high-profile, signature program that creates a wellness-promoting workplace and a culture aligned on good health. Your package is fully customized to tackle the highest risks in your workforce, and each module works together — including an employer-funded incentives/rewards program that leverages positive reinforcement to maximize engagement and results.

Our Ultimate Package includes:

- **Custom web experience** — Implementation is easier with a web landing page for your program information. By adding custom messaging and links, your own logo and quick access to the online health risk appraisal, you make our template your own hard-working resource.
- **Health risk appraisal** — This online survey for employees provides information about your workforce that we combine with other data sources to holistically assess your workforce's health. At the same time, the appraisal increases participants' understanding of their personal health status, an important step for readiness to change. (*Paper surveys and processing are available at additional cost.*)
- **Wellness Champion program & toolkit** — Peer-led motivation is a proven way to boost workforce engagement in wellness. We provide all the templates, tools and best-practice tips you'll need to recruit employee volunteers and get your program underway.
- **Custom report & plan** — This in-depth analysis outlines your population's health risks and most significant investment opportunities, along with your anticipated year-to-year return on investment. Our report also includes a detailed strategy, specific recommendations for improving the health of your workforce and wellness options you can add to increase your return.

- **Health Tips** – Our monthly wellness e-newsletter is full of healthy information your employees can use to make smarter choices and live healthier. Distribute it to your entire workforce, or repurpose contents for your own newsletter or other employee communication vehicles.
 - **Incentives/rewards administration** – Providing positive reinforcements for engaging in wellness makes your employees more likely to invest in themselves and their own wellbeing. We'll work with you to design, implement and administer an effective incentive/rewards program that you fund.
 - **Progress reporting** – Evaluate your program's effectiveness with quarterly metrics that document changes in health risks, costs avoided, your total return on investment and more.
 - **Onsite Biometric screenings** – By measuring your employees' cholesterol and glucose levels, body mass index and blood pressure, our onsite screenings provide information you and your employees need to understand health risks and take the right steps to reduce them. You'll gain reliable insights that health risk appraisals or claims data alone can't provide.
 - **Targeted health coaching** – Combining professional expertise and personal encouragement, our coaches help your high-risk employees establish realistic goals and stick to plans of action. Scheduled phone sessions match the level of need using the whole person approach.
 - **Group lifestyle-change programs (2)** – We'll help you implement the right multi-week challenges and group activities to attack your population's highest risks and encourage healthy new habits that can last a lifetime.
 - **Onsite classes (4)** - Taught by our credentialed health and fitness professionals and targeted to the specific needs of your workforce, 30-60 minute sessions provide valuable information and insights that will motivate your employees to live healthier lives.
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Life just got a little easier.®

Priority Health has no financial arrangements with other organizations to advertise or market products, goods and services.

We've provided information about the return on investment for wellness as an illustration only. This estimate of possible outcomes is based on past successes and a disciplined approach to wellness. The return on investment experienced by each employer group will vary depending upon factors such as employee engagement and participation.