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# Contracted Diabetes Prevention Program (DPP) provider expectations

This Policy is Applicable to the following sites:  
Priority Health

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| <b>Applicability Limited to:</b> | <b>Contracted providers that provide DPP services</b> must be recognized or seeking recognition by the CDC to be an approved provider of this program to our Priority Health Commercial and Medicare members. In addition, providers seeking reimbursement for our Medicare Advantage members must be enrolled as a Medicare Diabetes Prevention Program (MDPP) |
| <b>Version #:</b>                | Version 1                                                                                                                                                                                                                                                                                                                                                       |
| <b>Effective Date:</b>           | 1-1-2019                                                                                                                                                                                                                                                                                                                                                        |
| <b>Functional Area:</b>          | Health Plan                                                                                                                                                                                                                                                                                                                                                     |
| <b>Next Review Date:</b>         | 11/1/2019                                                                                                                                                                                                                                                                                                                                                       |

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## 1. Purpose

This program guideline summarizes expectations and processes for our contracted Diabetes Prevention Program (DPP) providers. It includes the process for:

- Reimbursement to DPP providers
- Member level data submission to Priority Health
- Program implementation strategies.

## 2. Definitions

Diabetes Prevention Program (DPP) evidence based lifestyle change program to prevent progression to type 2 diabetes, Medicare Diabetes Prevention Program (MDPP) CMS expanded model of DPP for Medicare beneficiaries, Centers for Medicare & Medicaid Services (CMS), Diabetes Prevention Recognition Program (DPRP) Provider of DPP that has achieved Center for Disease Control and Prevention (CDC) recognition status, Secure file Transfer Protocol (SFTP) as secure file transfer protocol,

## 3. Responsibilities

DPP providers are responsible to:

- Confirm participants meet the CDC (Commercial members) and CMS (Medicare members) eligibility criteria for the DPP and MDPP.
- Timely reporting of member outcomes while enrolled in DPP and MDPP
- Partnering with Priority Health DPP Program Manager to communicate planned DPP cohorts

#### 4. Policy/Program Guidelines

##### DPP program background

The National Diabetes Prevention Program (DPP) is year-long evidence-based structured lifestyle change program for adults over age 18 with prediabetes or at risk to develop type 2 diabetes. Participants learn to make lifestyle changes to reduce their risk by up to 71%, for type 2 diabetes. A trained Lifestyle Coach works with groups of participants to:

- Lose 5-7% of their starting body weight
- Adopt healthy eating habits
- Be physically active with a weekly goal of 150 minutes of activity/exercise
- Learn to recognize and overcome barriers to healthy eating and physical activity
- Lower medication usage
- Improve chronic disease risk factors

##### Member Benefit and Eligibility

Priority Health Commercial and Medicare members with prediabetes or at risk to develop type 2 diabetes can participate in DPP under their preventive benefit coverage. This is a **once per lifetime preventive benefit**. DPP providers are responsible to confirm member has not already completed DPP core sessions and used their 1x benefit after 10-1-18 (virtual or in-person options)

Priority Health follows the CDC eligibility criteria for our Commercial members and the CMS criteria for our Medicare Advantage members

Members can choose **one** of the two options below to participate in DPP.

1. In-person DPP sessions with preferred providers throughout Michigan. Available to **Commercial and Medicare members**.
2. Virtual DPP through our partner, Omada. Available for **Commercial members only**

##### DPP Provider Licensure/Certification and Credentialing Process

DPP Providers must be a Diabetes Prevention Recognized Program (DPRP) or pending recognition from the Center for Disease Control and Prevention ("CDC"). For Medicare reimbursement, Provider must be enrolled as a Medicare Diabetes Prevention Program (MDPP) supplier which includes CDC preliminary recognition status.

Lifestyle coaches must be certified in NDPP training. DPP provider must be contracted to provide services to Priority Health members and an approved provider of DPP services as stated above.

DPP Provider must notify Priority Health within ten (10) business days if the CDC National Diabetes's Prevention Program recognition or MDPP supplier is revoked.

## **DPP Provider Deliverables**

DPP Provider will be responsible for the following:

- Partner directly with Priority Health DPP Program Manager to ensure compliance with Priority Health DPP processes and Provider set up allowing Priority Health to assist DPP provider in program sustainability and program reimbursement.
- Conducting the DPP Program to Priority Health eligible members that meet the CDC criteria. Medicare members must meet the CMS criteria.
- Present and engage primary care physicians (PCPs) and their staff to educate them about the program and the referral process as requested by Priority Health.
- Provider will maintain a course calendar on the State of Michigan registry [www.mihealthyprograms.org](http://www.mihealthyprograms.org) depicting current DPP course offering schedules and locations in order for Priority Health to provide member outreach based on program locations. Priority Health will outreach to members twice a year to assist with increasing awareness of prediabetes and the DPP. (January and August)
- Provider will manage all participant registration processes and managing class rosters.
- Provider will provide informational sessions with prospective participants in order to enhance program completion rate as needed.
- Provision of program materials which may include: (leader manuals, participant manuals, scales, Calorie King Books, food trackers, and other educational materials).
- Secure location to hold NDPP core, core maintenance, and ongoing maintenance sessions
- Dissemination of results in partnership with Priority Health.
- Promotion activities to raise awareness of pre-diabetes in the communities the provider serves.

Provider shall not publish any materials, including without limitation, press releases, advertisements and other promotional materials, without Priority Health's prior written consent when Priority Health's name or logo is present. Provider will secure Priority Health's prior approval on all communications for the following:

- Media, social media and working with public policy officials throughout the proposed demonstration project when Priority Health's name or logo is present.
- Media stories of successful outcomes highlighting Priority Health's commitment to pre-diabetes in partnership with Priority Health and Priority Health marketing department
- Any printed materials or spoken scripts or presentations when Priority Health's name or logo is present.

## **Data Management and Submission**

- Provider has a data base that is in compliance with Center for Disease Control (CDC) expectations for the NDPP program.

- Provider will provide individual level member data files through secure electronic data submission to Priority Health through an established electronic standardized process (SFTP) using the approved formatting ( to be provided by Priority Health).
- All data and outcomes from each class to be reported after class one for baseline, at completion of 16 week core session period, and at completion of core maintenance period (1 year). Contractor will use best efforts to include aggregated data outcomes at the end of the program year.
- Member level data must include:
  - 1) Member ID number,
  - 2) name,
  - 3) date of birth,
  - 4) DPP provider organization name
  - 5) Enrollment date
  - 6) Program location
  - 7) initial weight at first session,
  - 8) weight and number of core sessions attended at the end of the core session period,
  - 9) weight and number of monthly sessions attended at completion of one (1) program year, and
  - 10) During year 2 ongoing maintenance sessions quarterly reporting of weight and attendance

## 5. Application to Products

Commercial products - option to participate 1x per lifetime preventive benefit to either in person program or virtual online program

Medicare product – eligible to participate 1x per lifetime preventive benefit for the in person program only

Medicaid product ineligible for either program

## 6. Claims Coding Information- In Person Programs

- G Codes payable once per lifetime
- Claims submitted to Priority Health on a HCFA 1500 claim form

| CODE  | DESCRIPTION                                                                                                                                                                                                                                                   |
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| G9873 | First DPP core session was attended. A core session is an MDPP service that: (1) is furnished during months 1 through 6 of the DPP services period; (2) is approximately 1 hour in length; and (3) adheres to a CDC-approved DPP curriculum for core sessions |
| G9874 | Four total DPP core sessions were attended                                                                                                                                                                                                                    |
| G9875 | Nine total DPP core sessions were attended                                                                                                                                                                                                                    |
| G9876 | Two DPP core maintenance sessions (MS) were attended in months (mo) 7-9 under the MDPP Expanded Model (EM). A core maintenance session is an MDPP service that: (1) is furnished by an MDPP supplier during months 7                                          |

|       |                                                                                                                                                                                                                                                                                                                                                                                   |
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|       | through 12 of the MDPP services period; (2) is approximately 1 hour in length; and (3) adheres to a CDC-approved DPP curriculum for maintenance sessions. The beneficiary did not achieve at least 5% weight loss (WL) from his/her baseline weight, as measured by at least one in-person weight measurement at a core maintenance session in months 7-9.                        |
| G9877 | Two DPP core maintenance sessions (MS) were attended in months (mo) 10-12<br>The beneficiary did not achieve at least 5% weight loss (WL) from his/her baseline weight, as measured by at least one in-person weight measurement at a core maintenance session in months 10-12.                                                                                                   |
| G9878 | Two DPP core maintenance sessions (MS) were attended by an MDPP beneficiary in months (mo) 7-9<br>The beneficiary achieved at least 5% weight loss (WL) from his/her baseline weight, as measured by at least one in-person weight measurement at a core maintenance session in months 7-9.                                                                                       |
| G9879 | Two DPP core maintenance sessions (MS) were attended by an MDPP beneficiary in months (mo) 10-12<br>The beneficiary achieved at least 5% weight loss (WL) from his/her baseline weight, as measured by at least one in-person weight measurement at a core maintenance session in months 10-12                                                                                    |
| G9880 | The DPP beneficiary achieved at least 5% weight loss (WL) from his/her baseline weight in months 1-12 of the DPP services period under the MDPP Expanded Model (EM). This is a one-time payment available when a beneficiary first achieves at least 5% weight loss from baseline as measured by an in-person weight measurement at a core session or core maintenance session.   |
| G9881 | The DPP beneficiary achieved at least 9% weight loss (WL) from his/her baseline weight in months 1-24 under the MDPP Expanded Model (EM). This is a one-time payment available when a beneficiary first achieves at least 9% weight loss from baseline as measured by an in-person weight measurement at a core session, core maintenance session, or ongoing maintenance session |
| G9882 | Two DPP ongoing maintenance sessions (MS) were attended by an DPP beneficiary in months (mo) 13-15.<br>The beneficiary maintained at least 5% weight loss (WL) from his/her baseline weight, as measured by at least one in-person weight measurement at an ongoing maintenance session in months 13-15.                                                                          |
| G9883 | Two DPP ongoing maintenance sessions (MS) were attended by an MDPP beneficiary in months (mo) 16-18 The beneficiary maintained at least 5% weight loss (WL) from his/her baseline weight, as measured by at least one in-person weight measurement at an ongoing maintenance session in months 16-18.                                                                             |
| G9884 | Two DPP ongoing maintenance sessions (MS) were attended by an MDPP beneficiary in months (mo) 19-21 The beneficiary maintained at least 5% weight loss (WL) from his/her baseline weight, as measured by at least one in-person weight measurement at an ongoing maintenance session in months 19-21.                                                                             |
| G9885 | Two DPP ongoing maintenance sessions (MS) were attended by an MDPP beneficiary in months (mo) 22-24 The beneficiary maintained at least 5% weight loss (WL) from his/her baseline weight, as measured by at least one in-                                                                                                                                                         |

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|       | person weight measurement at an ongoing maintenance session in months 22-24.                                                                                                                                                                                                                                                                                                                                                                             |
| G9890 | Bridge Payment: A one-time payment for the first Medicare Diabetes Prevention Program (MDPP) core session, core maintenance session, or ongoing maintenance session furnished by an MDPP supplier to an MDPP beneficiary during months 1-24 of the MDPP Expanded Model (EM) who has previously received MDPP services from a different MDPP supplier under the MDPP Expanded Model. A supplier may only receive one bridge payment per MDPP beneficiary. |
| G9891 | MDPP session reported as a line-item on a claim for a payable MDPP Expanded Model (EM) HCPCS code for a session furnished by the billing supplier under the MDPP Expanded Model and counting toward achievement of the attendance performance goal for the payable MDPP Expanded Model HCPCS code.(This code is for reporting purposes only).                                                                                                            |

## 7. References

Priority Health DPP Campaign page (member and provider resource)

[Diabetes prevention programs | Priority Health](#)

CDC Diabetes Prevention Recognition Program. Standards and Operating Procedures

<https://www.cdc.gov/diabetes/prevention/pdf/dprp-standards.pdf>

Medicare Diabetes Prevention Program (MDPP) fact sheet

[https://innovation.cms.gov/Files/x/MDPP\\_Overview\\_Fact\\_Sheet.pdf](https://innovation.cms.gov/Files/x/MDPP_Overview_Fact_Sheet.pdf)

## 8. Compliance

Periodically, Priority Health may conduct audits of claims and ask for copies of member participation and attendance documentation and eligibility criteria.

## 9. Revisions

Priority Health reserves the right to alter, amend, modify or eliminate this policy at any time without prior written notice.

## 10. Policy Development and Approval

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