

# **Priority Health Medicare prior authorization form** Fax completed form to: 877.974.4411 toll free, or 616.942.8206

This form applies to: This request is: Medicare Part B

Expedited request S

Medicare Part D
 Standard request

Your request will be expedited if you haven't gotten the prescription and Priority Health Medicare determines, or your prescriber tells us, that your life or health may be at risk by waiting.

# Human Growth Hormone

Member			
Last Name:		First Name:	
			Gender:
Primary Care Physician:			
Requesting Provider:		Prov. Phone:	Prov. Fax:
Provider Address:			
Provider NPI:		Contact Name:	
Provider Signature:		Date:	
Drug information			
New request Cont	nuation request		
Genotropin	Norditropin Flexpro	Start date (or date of next do	ose):
Genotropin Miniquick	🗌 Nutropin AQ	Date of last dose (if applicat	ble):
Humatrope	🗌 Nutropin AQ Nuspin	Dosing frequency:	
Humatrope Combo Pack		Drug strength requested:	
Zorbtive			

## Medically accepted indication

This drug is only covered under Medicare Part D when it is used for a medically accepted indication. A medically accepted indication is a use of the drug that is *either*.

- approved by the Food and Drug Administration. (That is, the Food and Drug Administration has approved the drug for the diagnosis or condition for which it is being prescribed.)
- -- or -- supported by certain reference books. (These reference books are the American Hospital Formulary Service Drug Information and the DRUGDEX Information System)

#### Prior authorization criteria

The following requirements need to be met before this drug is covered by Priority Health Medicare. These requirements have been approved by the Centers for Medicare and Medicaid Services (CMS), but you may ask us for an exception if you believe one or more of these requirements should be waived.



#### Patient must meet the following requirements:

- Must be prescribed by an endocrinologist, gastroenterologist, or nephrologist
- Indications for children
  - 1. Growth hormone deficiency
    - Height is less than the fifth percentile for age and gender
    - Submit untreated growth velocity curve with 1 year of growth data showing a growth velocity of less than tenth-percentile for bone age and gender
    - Growth plates must be open
    - Bone age must be 1 or more years behind chronological age unless growth hormone deficiency is related to pituitary surgery, radiation therapy, or with precocious puberty
    - Must have a documented growth hormone deficiency by:
      - 1. 2 growth hormone stimulation tests below 10 ng/mL
      - 2. *–or–* growth hormone stimulation test level less than 15 ng/mL, as well as IGF-1 and IGF-PB3 levels below normal for bone age and gender
    - Decreased muscle tone by exam
  - 2. Turner's syndrome
    - Height is less than 10th percentile
    - Must submit an untreated growth velocity curve with a minimum of 1 year of growth data showing a growth velocity of less than 10th percentile for bone age and gender
    - Growth plates must be open
    - Bone age must be a minimum of 1 year behind chronological age (unless growth hormone deficiency is related to pituitary surgery, radiation therapy, or with precocious puberty)
    - Must have a documented GH deficiency via 2 growth hormone stimulation tests below 10 ng/mL or GH stimulation test level < 15 ng/mL + IGF-1 and IGF-PB3 levels below normal for bone age and sex</li>
       Decreased muscle tone by exam
  - 3. Pre-transplant chronic renal insufficiency
    - Height is less than the fifth-percentile for age and gender
    - Patient is receiving weekly dialysis or serum creatinine is less than 2 mg/dL
    - Submit untreated growth velocity curve with 1 year of growth data showing a growth velocity of less than tenth-percentile for bone age and gender
    - Growth plates must be open
    - Bone age must be a 1 or more years behind chronological age unless growth hormone deficiency is
      related to pituitary surgery, radiation therapy, or with precocious puberty
    - Must have a documented growth hormone deficiency by:
      - 1. 2 growth hormone stimulation tests below 10 ng/mL
      - 2. **-or** growth hormone stimulation test level less than 15 ng/mL, as well as IGF-1 and IGF-PB3 levels below normal for bone age and gender

### The following conditions are not covered for children

- 1. Constitutional growth delay
- 2. Patients with acute or chronic catabolic illness

#### Growth Hormone Replacement in adults at least 18 years of age

- 1. Documented growth hormone deficiency by:
  - suboptimal response (less than 3 mcg/L) to a hypoglycemic challenge (unless contraindicated, then can use other accepted method)
  - -or- at least 2 other pituitary-related hormone deficiencies and an abnormally low IGF, <u>and</u> one of the following:
    - 1. Hypothalamic pituitary disease resulting from tumor or infarct
    - 2. History of cranial irradiation during childhood or adulthood resulting in GH deficiency
    - 3. Pituitary surgery resulting in GH deficiency
    - 4. Continuing treatment of childhood onset GH deficiency
- 2. For the drug Zorbtive, patient must only have a diagnosis of short bowel syndrome

#### The following conditions are not covered for adults:

- 1. Adults treated during childhood without documented evidence of persistent GH deficiency
- 2. Physiologic reductions in growth hormone related to aging
- 3. Treatment of Turner's syndrome or cystinosis

Page 2 of 4

All fields must be complete and legible for review. Your office will receive a response via fax.

	CHILDREN
Α.	What is the patient's diagnosis? Growth hormone deficiency
	<ul> <li>Growth hormone denciency</li> <li>Height is less than the 5th percentile for age/sex</li> </ul>
	<ul> <li>Turner's syndrome</li> <li>Height is less than 10th percentile</li> </ul>
	<ul> <li>Pre-transplant chronic renal insufficiency</li> <li>Height is less than the 5th percentile for age/sex and one of the following:</li> <li>Patient is receiving weekly dialysis</li> <li>Serum creatinine is less than 2 mg/dL</li> </ul>
	Other – the patient's condition is:
В.	☐ Submit untreated growth velocity curve with a 1 year of growth data showing a growth velocity of less than tenth-percentile for bone age and gender
C.	Are the patient's growth plates open?
D.	Is the patient's bone age at least 1 year behind chronological age?          Yes       No         Is the patient's hormone deficiency is related to:       pituitary surgery,         radiation therapy, or       precocious puberty         None of the above       None of the above

None of the above attached

Priority Health Precertification Documentation

F. By exam, does the patient have decreased muscle tone?

🗋 Yes 🗌 No

# FOR ADULTS AGE 18 AND OLDER

<ul> <li>A. What is the patient's diagnosis?</li> <li>Growth homone deficiency</li> <li>GH deficiency is documented by which of the following?</li> <li>suboptimal response (less than 3 mcg/L) to a hypoglycemic challenge -or-</li> <li>at least 2 other pituitary-related hormone deficiencies and an abnormally low IGF, and one of the following:</li> <li>Hypothalamic pituitary disease resulting from tumor or infarct</li> <li>History of cranial irradiation during childhood or adulthood resulting in GH deficiency</li> <li>Pituitary surgery resulting in GH deficiency</li> <li>Continuing treatment of childhood onset GH deficiency</li> <li>Other - the patient's condition is:</li> </ul>
Priority Health Medicare exception request
<b>Do you believe one or more of the prior authorization requirements should be waived?</b> Yes INO If yes, you must provide a statement explaining the medical reason why the exception should be approved.
Would human growth hormone likely be the most effective option for this patient?
If the patient is currently using human growth hormone, would changing the patient's current regimen likely result in adverse effects for the patient? Yes No If yes, please explain: