

Chlamydia Urine Test FAQ's

Frequently Asked Questions (FAQ)	Answer	Additional Information
Who is the target audience?	Teens and young adults ages 16 – 25 who are sexually active.	<p>Studies show that more than 50% of young people have one of the 25 types of Sexually Transmitted Infections (STIs); the most common, “Chlamydia trachomatis.” 70 – 90% of women are asymptomatic.</p> <p>Studies also show teens are more open to a Chlamydia test when a simple urine test is offered vs. a pelvic exam¹.</p>
What is the recommendation?	Routinely and regularly screen for Chlamydia using a urine test.	Teens are more likely to engage in unprotected sex, have multiple partners, are biologically more susceptible to STIs and are less likely to have a medical home ¹ .
How accurate is the urine test?	Very accurate.	The Kent County Lab tests Chlamydia using an amplified PCR assay; GenProbe APTIMA [®] . Sensitivity 95%, specificity 99%.
How do I get started?	<p>Set up your office to receive results by fax:</p> <ol style="list-style-type: none"> 1. Complete a “Statement of Understanding”** 2. Write a “Letter of Intent” on your office letterhead. The letter should include a request to become an automatic fax agency and be signed by a person authorized to make this request. 3. Fax both the “Statement of Understanding”** and the “Letter of Intent” to the Kent County Health Department at 616 632-6899. 	<p>Ask your physician account executive (PAE) about the Chlamydia tool kit, or download your own tool kit at priorityhealth.com/provider/clinical/chlamydia</p> <p>Test kit includes: Details on signing up for the automatic fax transmission results, ordering test kits, collecting urine specimens, filling out the lab requisition form and more.</p>
Where can I get urine tests?	<p>Order from: MDCH - Laboratory Support 927 Terminal Road Lansing, MI 48906 Phone: 517 335-9867 Fax: 517 335-9039</p>	Urine samples don't require a clean catch; however, patient must not urinate for 60 minutes prior to collection. Each mail-in kit can hold up to five urine specimens.

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Is there a limit on the quantity of tests I can order?	No, but there are predetermined quantities of 50 and 100 tests. However, you can specify another quantity. Order the quantity you will use in a three month time period.	Note: The collection tubes have expiration dates.
Do I have to pay for the tests?	No, the cost is rolled into the testing fee, so you pay nothing.	Please don't order more than you'll use in three months.
If I need to order additional tests, how long will it take to receive them?	Please allow 10 days.	It could be less and is dependent on the method of shipment from the MDCH.
What do I do with the urine samples?	<p>Mail: All samples may be mailed (up to five specimens in one Styrofoam container), and require USPS approved triple packaging which is included in the urine test kit.</p> <p>Drop off: You can also drop them off directly to the lab.</p> <p>Courier: If you use a courier to get samples to the Kent County Health Department, it does not require triple packaging, but may be sent in a biohazard safe container (bag or cooler).</p>	<p>Return the urine samples to:</p> <p>Kent County Health Department Laboratory 700 Fuller Ave NE Grand Rapids, MI 49503</p> <p>Hours are 8 a.m. to 5 p.m., Monday – Friday.</p> <p>Note: Specimens have a 30 day limit; may be refrigerated.</p>
Who is responsible for postage?	The physician's office	It's about \$2.00 to mail all five vials in the package.
Can the patient void at home and bring it in to the office?	No.	Contaminants could get into the sample container requiring retesting due to indeterminate results; or they may collect too large a volume (only need 20-30ml) which dilutes the sample and could decrease sensitivity.
What codes do I use?	CPT 87491 or 87810	Please bill only one of these codes. If you bill two codes for Chlamydia, they'll cancel each other out.
How do I receive my results?	You may receive your results by fax (see below) or by mail (3 to 5 days).	If you want to receive your results by fax, fill out the "Statement of Understanding."***

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When may I expect results?	Turnaround time from the health department lab is 24 – 48 hours upon receipt of sample.	Lab results are sent via fax to your office (if you completed and returned the Statement of Understanding** and “Letter of Intent”). Web results are expected in 2009.
If the results are positive, does the health department follow up with the patient and their partner?	Most Health Departments (HDs) will follow up with positive Chlamydia patients; however, State guidelines don’t require it. Follow-up by HDs are done for positive Gonorrhea results.	Contact your local HD if you’re interested in their STI policies on follow-up and partner notification. The larger the county, the more apt there will be patient follow-up. Note: A gonorrhea test is automatically performed by the Kent County Health Department with all positive Chlamydia tests.
If the test is positive, when should I do a follow up test?	A follow-up test (test-of-cure) is not recommended for up to four weeks after therapy for positive Chlamydia infections. However, according to the CDC, retesting should be encouraged for women three to four months after treatment.	Non-culture tests, like GenProbe APTIMA [®] , should not be performed after completion of antimicrobial therapy because the presence of nonviable organisms may produce false-positive results. The RNA can remain in the body up to four weeks.
Does this process include other insurance carriers?	No.	This process is easy and quick for Priority Health members only.
Where can I get lab slips?	Priority Health or the Kent County Health Department Laboratory	Go to priorityhealth.com/provider/clinical/chlamydia or call the Kent County Health Department at 616 632-7210

Can I use lab slips from other labs?	No.	<ul style="list-style-type: none"> ▪ Please use the “Michigan Regional Laboratories Test Submission Requisition Form” from the Kent County Health Department. ▪ You must designate the specimen is from Priority Health at the top left hand corner of the test submission requisition form by checking the box.
Why should I use the health department for the test?	<p>It will save you time and you’ll receive the results much faster.</p> <p>Many specimens need to be sent to the Mayo Clinic, which takes up to two weeks for a response.</p>	<p>Also:</p> <ul style="list-style-type: none"> ▪ The office won’t have to schedule an unwilling teen for a Pap test ▪ If the test is positive: <ul style="list-style-type: none"> - The office doesn’t have to file a report with the State, it’s done for them automatically - A Gonorrhea test is automatically performed
Are the tests confidential?	Yes, the member is guaranteed confidentiality of all health information.	<p>From the Kent County Health Department: The Kent County Health Dept. Regional Laboratory is required by the Federal HIPAA regulations along with the Public Health Code to follow all rules of medical confidentiality.</p> <p>From Priority Health: At this time, Priority Health billing sheets to members are very generic and don’t state Chlamydia test on them. We encourage you to review Michigan Law regarding confidentiality.</p>
If I have questions, who do I contact?	<ol style="list-style-type: none"> 1. Priority Health’s Physician Account Executive (PAE) 2. Kent County Health Department Laboratory 616 632-7210 	Kent County Regional State Lab on Fuller Ave. serves 27 counties which include cities of Traverse City, Saginaw, Allegan and Ionia.
<p>¹ Stop STDs: Improving Prevention and Screening of Sexually Transmitted Infections and HIV. ** Statement of Understanding is available at priorityhealth.com/provider/clinical/chlamydia.</p>		