

Date	Patient Name	DOB
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Developmental Questions and Observations

Ask the parent to respond to the following statements about the infant:

Yes No

Please tell me any concerns you have about the way your baby is behaving or developing:

- My baby seeks comfort when upset.
- My baby smiles and laughs.
- My baby says things like “da da” or “ba ba”.
- My baby eats some solid foods.
- My baby sits with help/support.
- My baby can pick up objects.
- My baby likes to look at and be with me.
- My baby rolls over.

Ask the parent to respond to the following statements:

Yes No

- I am sad more often than I am happy.
- I have people who help me when I get frustrated.
- I am enjoying my baby more days than not.
- I have a daily routine that seems to work.
- I keep in contact with family and friends.
- I feel safe with my partner.

Provider to follow up as necessary.

Developmental Milestones

Always ask parents if they have concerns about development or behavior. (You may use the following screening list, or a standardized developmental instrument or screening tool).

Infant Development			Parent Development		
Turns to sounds/voices	Yes	No	Parent looks at infant and shares baby’s smiles	Yes	No
Can be comforted most of the time	Yes	No	Parent comforts baby effectively	Yes	No
Smiles, squeals, and laughs responsively	Yes	No	Parent and baby are interested in and respond to each other	Yes	No
Has no head lag when pulled to sit	Yes	No	Parent seems depressed, angry, tired, overwhelmed, or uncomfortable	Yes	No
Please note: Formal developmental examinations are recommended when surveillance suggests a delay or abnormality, especially when the opportunity for continuing observation is not anticipated. <i>(Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents)</i>			Parent notices and responds to baby’s wants and needs	Yes	No

Additional notes from pages 1 and 2:

Family History Update

Since your last visit, have there been any changes in your family history? Include:

- Deaths: who _____ what age _____
- New medical diagnosis: who _____ what age _____
- Anything else in your family history you have concerns or questions with: (Refer to Family History form)

Staff Signature: _____ **Provider Signature:** _____

Patient Education:

Your Baby's Health at 6 months

Milestones: Ways your baby is developing between 6 and 9 months

- Babbles, imitates vocalizations, responds to own name
- Holds small things between his/her fingers
- Feeds himself/herself with fingers, starts to drink from cup
- Enjoys a daily routine
- Sits up well and may pull to stand
- Crawls, creeps, moves forward by scooting on bottom
- May be unsure of strangers
- May start to comfort self – sucking thumb or holding special toy
- May get upset when separated from familiar person

Safety Tips

- Make your home safe before for your baby starts to crawl. You will need to keep doing this for several years.
- Put away small objects and things that break.
- Tape electric cords to the wall; put covers on outlets.
- Put safety gates at the top and bottom of stairs.
- Store poisons and pills in a locked cabinet.
- Poison Help Line: 800 222-1222
- Baby walkers cause more injury than any other baby product. Instead of a walker, use a seat without wheels or put your baby on his tummy on the floor.

Health Tips

- Signs that your baby is ready to start solid food:
 - He/she can sit up with little or no support.
 - He/she shows you they want to try your food.
 - He/she can use their tongue to push food into their throat.
- Your baby will let you know when he/she has had enough to eat. Stop feeding your baby when he/she spits food out, closes his/her mouth, or turns his/her head away.
- Let your baby begin to learn to drink from a cup. Put water, breast milk, or formula in it. Don't let your baby take a bottle to bed.
- Continue to put your baby to sleep on his/her back. Keep soft bedding and stuffed toys out of the crib. Make sure your baby sleeps by him/herself in a crib or portable crib.

Parenting Tips

- Show your baby picture books and talk about the pictures. Sing simple songs and say nursery rhymes over and over.
- Give your baby plenty of time to play on his/her tummy on the floor. Put toys just out of reach so he/she will try to crawl. Start playing simple games together like "Peek-a-Boo" and "Pat-a-Cake."
- Make regular times for eating, sleeping, and playing with your baby.
- When you are a parent you will be happy, mad, sad, frustrated, angry, and afraid, at times. This is normal. If you feel very mad or frustrated:
 - o Make sure your child is in a safe place (like a crib) and walk away.
 - o Call a good friend to talk about what you are feeling.
 - o Call the Parent Helpline at 800 942-4357 (in Michigan). It's free! They will not ask your name, and can offer helpful support and guidance. The helpline is open 24 hours a day. Calling does not make you weak; it makes you a good parent.

For Help or More Information

Priority Health

Customer Service 616 942-1221 or 800 446-5674

Medicaid 888 975-8102

Behavioral Health 616 464-8500 or 800 673-8043

priorityhealth.com

Depression

Surrounding pregnancy and childbirth

www.depressionafterdelivery.com/Home.asp

Domestic Violence

National Domestic Violence Hotline

800 799-SAFE (7233)

Breastfeeding, Food and Health Information

Women, Infant, and Children (WIC) Program

800 262-4784

The National Women's Health Information Center Breastfeeding Helpline

800 994-WOMAN (9662) *www.4woman.gov/breastfeeding*

LA LECHE League 847 519-7730 *www.lalecheleague.org*

Special Health Care Needs

Children Special Health Care Services, MDCH Family 800 359-3722

Car Seat Safety

Auto Safety Hotline 888 327-4236

Childhood Development

Early On Michigan 800 327-5966

Michigan Head Start Association 517 374-6472

Toy and Baby Product Safety

Consumer Product Safety Commission

800 638-2772

Prevention of Unintentional Childhood Injuries

National Safe Kids Campaign 202 662-0600

www.safekids.org

Childhood Immunizations

National Immunization Program Hotlines

800 232-2522 (English) or 800 232-0233 (Spanish)